

## POUR INTO ONE | 1-24-16

### REFLECT & DISCUSS

Have you ever had the opportunity to teach someone something? Think about one of your favorite things to do. It could be a hobby, sport, craft, or an artistic pursuit. Have you ever passed on that knowledge? What did it feel like to pass on what you learned? What were the results? This Talk It Over guide is all about pouring out what you have in your life into others.

### CONTEXT: *Matthew 28*

Jesus has just risen from the dead and appeared to the disciples. Can you imagine the shock and awe they must have felt? Jesus directs them to gather all of the disciples and meet him in Galilee. Imagine the anticipation of the disciples as they traveled to meet with Jesus. What would they be thinking? What do you think they thought was next for Jesus' ministry? This feeling of anticipation is the context for the greatest commission, the greatest mission statement ever that Jesus is about to share.

### READ: *Matthew 28: 18-20*

Jesus has given the call. He has defined the rest of the ministry of the disciples. What did he say to do? Jesus essentially asked the people he had poured 3 years of his life into to do the very same thing with others. He defined the method of ministry: relational deep living with others. In regards "to making disciples", what does this look like today? Are you making disciples? What are their names? How can we increase the ways in which we pour into others?

### READ: *Matthew 10:42*

If you feel that you aren't discipling someone it can seem overwhelming to begin. How can we start? We might feel like we aren't good enough to disciple. We might think that we don't have the knowledge or we are afraid of messing up. As a church, we are learning that we don't have to make things overly complicated to disciple. How does Matthew 10:42 free you to start discipling? What could you do today to start pouring what is in your cup into someone else's?

Interested in leading well? Check out this simple illustration about discipleship from Andy Stanley <http://youtu.be/yFltqHCTTVo>

### CHALLENGE

Pour into one person. Find someone to root for, invest in, mentor, coach, or teach. Start by beginning to invest in a tangible way and at the same time, pray for this person daily.

### PRAYER

God, would you teach me to pour into others. Help me recognize that you have given me insights and experiences that can help others follow you.