

INCREASE YOUR CAPACITY | 10-16-16

REFLECT & DISCUSS

At one point or another in our lives, we had a dream. A dream to make it big, to influence people, to invent something, to be a fireman or a ballerina, to have a family, to be a millionaire. Some people achieve their dreams and some don't. Some dreams are possible and some aren't. Why are dreams important? What sets the dream-achievers apart from the dream-deferrers?

READ: *John 14:12*

What "greater things" do you dream of in your life? What are some life goals you have? When you are 80 years old and look back on your life, what do you want to be proud of? What's the difference between striving for greater things in our own strength and striving for greater things with God's strength in us?

READ: *2 Kings 4:1-2*

If you were the widow, how would you feel losing your husband, going into bankruptcy, and on the brink of losing your sons? Why is Elisha's question so powerful in this moment? How would you feel if someone asked you that if you were in the widow's shoes? The only thing of value this woman has is a small jar of olive oil. Sometimes we don't see the importance of the little we have. Dream together...what is something that you have a little of (hope, money, leadership, etc)? How does God want to take the little you have and multiply it into something greater?

READ: *2 Kings 4:3-7*

God's only limitation in pouring out greater things is our capacity to receive it. The amount of oil the woman collected was determined by the number of jars she collected with her sons. What does it mean to increase our capacity? What happens if we don't? We increase our capacity through *Practice* - "I want more of God" and *Crisis* - "I need more of God." What are some practices you need to start doing to increase your capacity? Why is it risky to wait for a crisis to increase our capacity?

CHALLENGE

Ask God which practices you need to make a regular part of your life and start doing them!

PRAYER

"Holy Spirit, thank you for filling me with more of your presence as I make more room for you. I can't wait to see how much more you will do in me and through me as You empower me to increase my capacity."